

Our Services

- Aural Care Service (ear wax removal using microsuction)
- Befriending
- BSL Practice Group
- Hearing Loss Awareness Training
- Hearing Support
- Tinnitus Support Group

- NHS Audiology Clinics in partnership with the Norfolk and Norwich University Hospital
- Sensory Support Clinic in partnership with the Norfolk County Council's Sensory Support Unit
- Benefit Advice sessions in conjunction with Age UK Norwich

GET INVOLVED

We rely on the generosity of our dedicated volunteers and supporters to continue our comprehensive services for the Norfolk community. Please get involved by volunteering, donating or becoming an NDA friend. To donate/get involved please visit our website www.norfolkdeaf.org.uk or call us on 01603 404440

For online timetables, updates, news, events and information about our other services please visit our website:

www.norfolkdeaf.org.uk

nda@norfolkdeaf.org.uk

Enquiries: 01603 404440



OUR SUPPORT GROUPS

Programme for January to June 2020

This programme is also available online

www.norfolkdeaf.org.uk



Hear for Norfolk is the operating name for the Norfolk Deaf Association (NDA)
14 Meridian Way, Meridian Business Park, Norwich NR7 0TA.

Norfolk Deaf Association (NDA) is a Charitable Company Limited by Guarantee registered in England & Wales No. 07966408 registered Charity in England & Wales No. 1146883

Tinnitus Support Group (TSG)

Once monthly

Thursday 13th February 2020 - 2pm-4pm

- Cathy Cookson - Meditation

Thursday 12 March 2020 - 2pm-4pm

- Robert Shephard - Audiologist

Thursday 16th April 2020 - 2pm-4pm

- Dr Eldre Beukes - Online Tinnitus Treatment

May 2020

- To be confirmed

Thursday 25 June 2020 - 2pm-4pm

- Colette Bunker - British Tinnitus Association

Booking is essential 01603 404440



British Sign Language Practice Group (BSL Group)

Fortnightly on Wednesdays from
11am - 1pm

8th, 22nd January

5th, 19th February

4th, 18th March

1st, 15th, 29th April

6th, 20th May

3rd, 17th June

Our groups are run free of charge for the benefit of our members but a voluntary donation is welcome.

You can also become a Friend of the NDA for a small annual fee.

For more details please speak to a member of staff or visit our website

www.norfolkdeaf.org.uk

nda@norfolkdeaf.org.uk

Tel: 01603 404440

Thank you for your continued support

Sensory Support Clinic 2020

Once monthly from 10am - 12:30pm

24th January 21st February

20th March 17th April

15th May 12th June

10th July 7th August

4th September 2nd/30th October

27th November 18th December

Sensory Support DO NOT provide
Smoke Alarms or telephones

They DO provide
Information and advice on specific listening devices depending on assessment of need



Free Benefit Advice session for people
age 50+ at:

Hear for Norfolk

Once monthly on a Tuesday (appointments
available between 10am - 12.15pm)

28th January 25th February
24th March 28th April
26th May 23rd June

Please ring 01603 404440 or email
nda@norfolkdeaf.org.uk to make an
appointment