

Other NDA Services

- Hearing Support Services
- Befriending
- Tinnitus Support Group
- BSL Practice Group
- Hearing Loss Awareness Training
- BSL Courses and Practice Group
- Aural care service (wax removal by microsuction).

Volunteering for the NDA

The NDA relies on volunteers who work on the mobile clinic and our other services and make a difference to the lives of deaf and hard of hearing people across Norfolk.

Friends of the NDA

You can become a Friend of the NDA and keep up with our events and activities while helping us to continue delivering our services all over Norfolk.

Assistive Listening Technology Clinic

Assistive Listening Technology clinics are held at our Meridian Way HQ each Thursday between 10am and 1pm and by appointment on Tuesdays in Norwich and Cromer. We offer free impartial advice and allow you to try phones, loops, personal listeners and alerting devices.

Contacting the NDA

For further information about our services or to volunteer:

**14 Meridian Way
Meridian Business Park
Norwich
Norfolk NR7 0AT**

Phone: 01603 404440 (voice/minicom)

Fax: 01603 404433

email: nda@norfolkdeaf.org.uk

Norfolk Deaf Association

Norfolk Deaf Association



Hearing Loss Support and Wellbeing Group Timetable 2019

The Hearing Loss Support and Wellbeing Group is a meeting place, once a month, for people who have all degrees of hearing loss, together with their close families and carers.

The group provides an environment in which members can discuss their problems openly, in a friendly and supportive atmosphere, find common ground, make new friends, and increase social interaction.

The aim of the support group is to help reduce the feeling of loneliness and isolation often experienced by people who have hearing loss.



Come and join us!

14 Meridian Way, Norwich NR7 0AT

Hearing Loss Support and Wellbeing Group

The Group meets on the fourth Tuesday of each month between 2pm and 4pm

Date	Speaker	Information
January 22	Heather Edwards	Talking about her project, Music Mirrors, and attendees can start their own music mirror.
February 26	Robert Lamacraft	Robert talks about how he uses art as therapy. This is followed by an open discussion and an opportunity to consider ways in which you can support yourself emotionally.
March 26	Edward Bates - NNAB	Talking about the work of NNAB
April 23	Julie Fauvel-Howard	Lipspeaking. A lipspeaker is a hearing person who has been professionally trained to be easy to lipread. Lipspeakers reproduce clearly the shapes of the words and the natural rhythm and stress used by the speaker. They also use facial expression, gesture and, if requested, finger spelling, to aid the lipreader's understanding. This practise is known as lipspeaking.
May 28	Flower Guild	The Flower Guild has been responsible for the flowers in Norwich Cathedral for almost 70 years, keeping the Cathedral looking loved and well-cared for. They will attend the group on Tuesday the 28 th of May they will talk and demonstrate a flower arrangement.
June 25	Veronica	Veronica will be bringing Logan, her hearing dog, and talking about how he helps her with her daily life

The Group is open to people with all degrees of hearing loss, and their friends and relatives.
For more information please contact Pam Spicer on 01603 404440 or email: befriending@norfolkdeaf.org.uk